

## Appendix B – Feedback from Children and Families about their involvement in SLF

### Quotes from parents/carers

"My worker has helped me in meetings where, before, I wouldn't say anything"

"I've lived with domestic violence for over ten years. It's good to finally have someone to talk to"

"She understands that being a parent is hard sometimes. I don't feel like I have to be a perfect parent every day. I need to do my best for him and ask for help when I need it"

"Our worker has been brilliant, I couldn't ask for anymore"

"I've only had support for a few weeks but already I don't feel so lonely"

"SLF started working with us initially as we had so many problems with our eldest son. They worked with the whole family and I now realise that it's about how we all behave. I feel like we are a real family again"

"At times I've needed a real push in the right direction but she has done so at my pace without it feeling a threat"

### Child

"My worker has really helped me with my anger and now I don't get so angry"

"I wasn't going to school, my worker has helped me and now I am. It is hard but my worker is helping me".

"My worker spoke to school when I was being bullied"

"Our worker is helping us move house so that we can feel safe again "

### Worker/agency quotes

'It was brilliant to see parents and children of all ages having fun and getting involved in all the activities. I felt privileged to be there and to have the opportunity to chat to parents and to hear about how things were working for them, and gaining their thoughts on what might improve our service. '

"So many parents told me how supported they had been and what a difference their worker had made to them and their family'.

### Quotes from Learning & Development

"We found the Charnwood pop up event very useful as we were able to talk to people about their work hopes & aspirations and offer them individually tailored advice. We have started getting in touch with them to provide further support into work."